

CARDIFF PUBLIC SCHOOL

Cardiff Public School,
Macquarie Road, Cardiff 2285
Email: cardiff-p.school@det.nsw.edu.au

Phone: 02 49540475
Fax: 02 49565436
Website: www.cardiff-p.schools.nsw.edu.au

What's on?

Wed 29th Nov	Volunteers Afternoon Tea from 2pm
Wed 29th Nov	AECG Meeting 5-7pm Warners Bay High School
Wed 29th Nov	Combined Scripture Hall
Tue 5th Dec	High School Orientation
Thurs 7th Dec	COLAD/Presentation Day - Hall
Tues 12th Dec	Year 6 Farewell
Thurs 14th Dec	Talent Quest
Fri 15th Dec	Last day of Term 4
P & C Meetings are held on the 2nd Tuesday of each month in the Staffroom. Commencing at 7.00pm. Everyone is welcome.	

Kinder 2018

We are currently enrolling students who will commence Kindergarten in 2018. If you have a child who will be commencing Kinder in 2018, please contact the School Administration Office asap.

Calendar Dates

Don't forget to download our App and check our school's website for all things CPS.

Sport day will be Friday
each week for the whole school.
Students are required to wear their sport uniform on this day.

Principal's Report

From the Principal's Desk:

Dear families,

2018 Parliament Speeches – Today

Well done to all of our School Parliamentary Candidates who gave their election speeches today. There is little doubt that when it comes to our student leaders, we are spoiled for choice. Good luck to all of the candidates...as our students make their decision in today's vote. Congratulations and big thank you also goes out to our current student leaders, who have led by example and been wonderful representatives for our school. They still have a few duties to fulfil...but we'd like to thank them for their wonderful contributions throughout 2017.

Volunteers Afternoon Tea – Wednesday Nov 29

We are looking forward to seeing all of our wonderful P&C members, classroom volunteers, canteen helpers etc. at our Volunteers Afternoon Tea from 2pm this Wednesday 29th Nov. If you haven't RSVP'd yet...it's not too late.

Parent Feedback

Thank you very much to our parents for providing feedback in our Tell Them From Me surveys, and at our recent Parent Forum. Whilst I would have loved to hear from more of our families, the feedback we have received is very helpful and will help us to strategically plan for the future.

In six out of the seven areas that parents were surveyed in, our data scores were better than the state average. In general terms, this means that our parents feel welcomed and informed. They feel that our school is inclusive and safe and supports the positive behaviour and learning of our students. Thank you!

COLAD – Presentation Day – Dec 7

Our 'Celebration of Learning Achievements Day' will take place on Thursday 7th Dec from 9:30am. We can't wait to celebrate the many and wonderful achievements of our students, welcome in our new student leaders and wish our graduating Year 6 students all the very best for the future. Our great school would not be what it is without the amazing students, staff, parents and community that share our common goals...so there will also be a number of people to thank!

CPS Talent Quest – Dec 14

Our 2017 Talent Quest will take place on Thursday 14th December from 9:30am. Good luck to all of our very talented students. Come along and join us as we celebrate our talented students!

AECG Meeting – Wed 29th Nov

The final AECG Meeting for 2017 will take place this Wednesday evening from 5pm to 7pm at Warners Bay High School. All are welcome to attend.

Combined Scripture – Wednesday

Our Combined Scripture session will take place this Wednesday in the hall. Thank you to all of our scripture and ethics teachers who have worked with our students throughout 2017.

Stage 3 Movie Excursion – 'Wonder'

Our Stage 3 students will participate in an excursion to the movies this Thursday. The students will see 'Wonder', which is also the novel (by R J Palacio) that they have been studying this term. It's a wonderful story and shares such a powerful message for our students! If you haven't read the story or seen the movie...we highly recommend it.

SEARCH OUR
SCHOOL NAME IN:



Permission notes can be found on our website.
www.cardiff-p.schools.nsw.edu.au
Please select "Student Central" tab.

Hockey Fun

Last month, two of our students, Cameron and Hamish M had the privilege of attending the Hockey Oceania Cup in Sydney. Not only did the boys get to see Australia win both the men's and women's competitions... but got to walk out with the team as well. Well done boys...and good luck to the Aussies in the World Cup!



Quote of the Week

'Great leaders don't set out to be a leader...they set out to make a difference. It's never about the role...always about the goal.'

-Lisa Haisha

Have a great week!
Mark Kyrwood
Principal

P&C

FREE LUNCH

Would you like a **FREE LUNCH** for you or your child?

Did you know that if you volunteer to help in our canteen for either 1 day per week or fortnight or monthly that you are entitled to a **FREE LUNCH to the value of \$5.00** for you or your child?

We desperately need helpers in our canteen so if you can help us out at all please fill in the attached form or see Helen in the canteen.

ATTENTION ATTENTION ALL VOLUNTEERS

You are invited to attend an afternoon tea in the **OLD SCHOOL HALL** for all of your help throughout the year. Everyone that has helped out in our school discos, bbq's, canteen, and in the classroom and any other time is welcome to and join us.

DONATIONS FOR CHRISTMAS RAFFLE

It is that time of the year again where Christmas is just around the corner. We will be holding a Christmas raffle only this year with no stall.

We are asking for donations that we can use as raffle prizes this year.

If you can help us out that would be fantastic.

All donations can be handed into the uniform shop or the canteen.

RAFFLE TICKETS

You should have received your Raffle tickets for our annual Christmas Raffle.

There are some great prizes to be won this year with a Nintendo Switch and 2 games as 1st prize.

Tickets will be \$1.00 each and there will be a prize for the child/children that sells the most tickets.

So please check your child's bag for the Raffle Tickets I you haven't already received them.

Extra raffle books are available from the front office if required.

ICEBLOCK HOLDERS

The warmer weather is coming so that means we need to keep cool by giving our kids and ourselves a Zooper Dooper Ice Block.

These can be very cold to hold especially for the younger children, so the P&C have Zooper Dooper Ice Block Holders to keep those tiny fingers and hands from freezing for only \$8.00 each. They can be specially designed for each person or just plain. Why not have a different colour for each member of the family. Please see attached flyer for ordering.

HELPERS NEEDED

Unfortunately our canteen does not have enough volunteers to continue opening 5 days a week.

WE ARE DESPERATE for helpers, even if it is only one day a month or perhaps you might like to work with a friend or just help out in the mornings for an hour or 2

If you can help please contact **Helen on 49548752 or 0421446136** or the canteen asap.

If we can't get helpers we will have no choice but to **CLOSE THE CANTEEN** on at least one maybe even two days a week. We apologise if this is inconvenient but without helpers, it is out of our hands. You would only be required from 8.30 to 12.30 and your kids will love having you there.

Again if you can help please contact the canteen.

UNIFORM SHOP HOURS

Just a reminder that our Uniform Shop is open every Tuesday morning 8.45am to 9.30am. Orders can be taken for those that are unable to be there when the shop opens.

OUTBACK JACKS SCHOOL MATES

Our P&C will be participating in the **Outback Jack's School Mates Rewards Program**.

This involves each family receiving a School mates Card. When you Dine in at Outback Jacks and present your card, your receipt will be placed in a specially marked box with our school logo. At the end of each term all the receipts will have

the total amount added and our School will receive 5% of the total amount as a donation from Outback Jacks.

Please keep a look out for your families Loyalty Card and information letter.

Did you also know that kids eat **FREE** every Monday Tuesday and Wednesday when a full price adult meal is purchased? 1 adult meal = 1 child eats FREE 2 adult meals = 2 children eat FREE and so on. So why dine at Outback Jacks on these nights and let the kids eat for FREE

CANTEEN ROSTER

27/11 Beajay and **NEED HELPER**
28/11 Tania and **NEED HELPER**
29/11 Beajay and **NEED HELPER**
30/11 Helen D and **NEED HELPER**
01/12 Helen Sa and **NEED HELPER**
4/12 Beajay and Sherelle
5/12 Tania and **NEED HELPER**
6/12 Beajay and **NEED HELPER**
7/12 Jo D and **NEED HELPER**
8/12 Kristy B and **NEED HELPER**

We still desperately need helpers to work in our canteen. Please contact Helen in the canteen if you can help or please fill in the attached form and hand it in to Helen in the canteen. The canteen may have to close if we cannot get more helpers as the current helpers are having to do more than 1 day per week and are getting tired.

P&C Audit



A big THANK YOU goes out to JSA Group - Financial Services at Charlestown, for donating their services to do the P&C audit this year. We are very appreciated

Regards Tania



The Library — Mrs Wallace



Library Bags

All Kindergarten and Stage 1 students need to bring a library bag to school with them on their library day so they can borrow.

This can be;
a store bought bag
an environmentally friendly shopping bag
a sturdy/thick plastic bag
a hand made bag

You can also purchase a library bag for \$2 from the library. Designs include owl, unicorn, robot and dinosaur.

Please assist your children to remember their library bag.

Helping your child with reading

Reading every day

Children value reading through watching their family use reading and writing every day.

Encourage your child to read by sharing such activities as:

- finding brands at the shops
- reading signs and posters
- following a street directory
- checking the television guide
- choosing a video
- using a recipe
- reading game rules
- reading the newspaper aloud together
- playing word games or doing crossword puzzles
- reading out instructions
- looking at letterbox leaflets
- reading magazines, comics, poems and rhymes.

Reading aloud together.

☆ AUKA ☆ NETBALL CLUB

Fun Days

Join in the fun of playing netball

All ages

Male and Female

Bring a Friend

Learn how to play
Develop your ball skills
Fun activities
Games

Come along to Auka Netball Courts
South St Windale

4 pm to 6 pm
Sunday 10th December 2017
Sunday: 7th January 2018
Sunday: 14th January 2018

Find us on Facebook

Contact Toni 0407 466 704



Tuesday 19th
December 2017

Warners Bay Girl Guide Hall
4 Lamington Drive
Mt Hutton NSW 2290

\$40

Includes all food

COME AND TRY GIRL GUIDES

Everyone welcome - for girls in school years 2-7.
You do not need to be a member of Girl Guides.
No pressure to join (this is a fundraiser for Jamboree). Just a fun-filled school holiday activity!

Cooking, craft, games, outdoors, and fun!

9am-3pm - and before/after by arrangement.

Email GirlGuidesWB@gmail.com for details.

Good for Kids good for life

THE IMPORTANCE OF HEALTHY EATING

Healthy eating is not just important for healthy body weight but also for brain development, behaviour and concentration which can help kids in the classroom.

What does healthy eating mean?

- Eating plenty of vegetables, legumes and fruits
- Eating plenty of cereals (preferably wholegrain), including bread, rice, pasta, and noodles
- Including lean meat, fish, poultry and/or alternatives
- Including reduced fat milk, yoghurt and cheese
- Drinking plenty of water

Save occasional foods such as cakes, pastries, chocolate, lollies, chips, fast food and soft drinks for sometimes and in small amounts.



Health
Hunter New England
Local Health District

PHONE 4924 6499

CRUNCH & SIP

Have you remembered to send fruit for "Fruit Break" and a clear "plastic pump water bottle"?



HAVE YOU CHECKED LOST PROPERTY?

Please check if your child has all of their uniform items. If not, please check lost property.

Please write name, in full, clearly on items to allow us to be able to return them to their owner.

All items uncollected by the end of term will be donated to charity.

Disclaimer'

Advertisements included in the Newsletter are a source of revenue to offset Newsletter costs. Unfortunately, the school cannot take responsibility for the quality of advertised service.

Cardiff Early Learning Centre



2018 Enrolments NOW OPEN

Cardiff ELC caters for children ages 6 weeks to 6 years.

**We are open 7:30am to 6:00pm,
Monday-Friday, 52 weeks per year.**

We Offer:

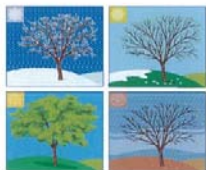
**Nappies
Wipes
Linen
Nutritious Meals
Special Events
Extra-Curricular Activities
Spacious Indoor and Outdoor Environments
StoryPark app. for parents**

To take a tour of our lovely centre please contact us:

(02) 4956 6222

enquiries@cardiffelc.com.au

Seasons for Growth Program



Seasons for Growth is an innovative grief and loss education program that uses the imagery of the seasons to illustrate the experience of grief. It aims to strengthen the social and emotional wellbeing of children and young people (aged 6-18) who are dealing with significant life changes by:

- exploring the impact of change and loss on every-day life
- learning new ways to respond to these changes
- Loss and grief can occur as the result of the loss a loved one, separation, divorce, impacts of illness, disability, moving schools/house and losing friends, the loss of a pet, etc.
- Seasons for Growth enables young people to learn that they are not alone in dealing with the effects of change, loss and grief and build their communication, decision making and problem solving skills within a supportive peer group.
- Trained adult 'Companions' facilitate the small group program, where participants support and learn from each other in age appropriate and engaging activities
- Children, young people, and adult programs are available at intervals throughout the Newcastle Hunter Region.

Please note there is also a Seasons for Growth Parenting Program available which assists parents in supporting their child following separation and divorce.

Marguerite Elkins and Lyndal Wallace at Cardiff Public School are trained Seasons for Growth 'Companions'. If you have any queries in regard to any of the programs for your child, yourself, or someone you know, please contact Marguerite or Lyndal at Cardiff School 49540475.



NON-PERISHABLE FOOD DRIVE FOR SALVATION ARMY

This term from the 27th of October till the 1st of December we will be doing a food can drive for The Salvation Army.

The purpose is to help other families in need this Christmas. It would be appreciated if you could bring your canned and non-perishable food items to the collection box in the office.

Please donate what you can. Remember you'll be making someone else's Christmas a happy Christmas.

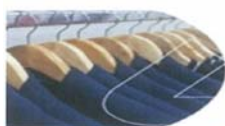
Thank you

Parliamentarians

Food Drive



YEAR 6 STUDENTS GOING TO CARDIFF HIGH



Cardiff High School
Uniform Shop
Alinta Apparel Pty Ltd
50 Bourke Street, Cardiff NSW 2215
02 4954 2429 cardiff.sgh@alinta.com

www.alintaapparel.com.au

SCHOOL IN 2018

REMINDER:

Could all Year 6 students who will be attending Cardiff High School in 2018 please book a Uniform Fitting (selected dates).

To book, please go to www.alintaapparel.com.au and click on "Try on Times" to book a fitting.

Alternatively you can call the Uniform Shop during opening hours on 4954 2429.

Normal Opening hours Tuesday 8.30am to 10.00am and Thursday 1.00pm to 3.30pm.



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- | | |
|--------------------|----------------------|
| laptops & tablets | lessons & activities |
| uniforms & shoes | books & supplies |
| sports fees & gear | camps & excursions |

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



Contact
Cynthia Culhane
your local Saver Plus
Coordinator
Phone
02 4032 4703
1300 610 355
Email
cynthia.culhane@
thesmithfamily.com.au
Web
www.saverplus.org.au



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

Change details

(Return this signed slip to the Admin. Office)

It is extremely important that our record remain current.

Please assist us by ensuring all details remain current at the school at all times.

If you move, change phone numbers or change jobs etc., please always notify the school in writing as soon as possible. **We may need to reach you due to illness or emergency relating to your child. Your employment details impact on the funding the school receives.**

Student Name _____ Class _____

Only supply following details that have CHANGED.

Our **NEW** address is _____

(Please note: Proof of new address must be provided to the school).

Our **NEW HOME** phone number is _____

Fathers **NEW** work number is _____ Mobile _____

Fathers occupation is _____

Mothers **NEW** work number is _____ Mobile _____

Mothers occupation is _____

Our **NEW** emergency contact is (name) _____

(This is someone who is not the primary caregiver but someone who can be contacted if you are unable to be contacted.)

Their relationship to the child _____

(egg. Aunt, family friend etc.)

Phone _____ Mobile _____

Any **NEW/CHANGED** medical details for the student _____

(Further documents will be sent home.)

Parent/Caregiver Signature _____ Date _____

Office use only: Details entered into ERN...../...../..... Data entered by (signature).....

For Audit purpose, attach this form to original enrolment form in student file.

SCHOOL ROUTE 736 FROM OCTOBER 6, 2015

PLEASE BE ADVISED THAT AS FROM THE ABOVE DATE, THIS SERVICE WILL
BE EXTENDED TO SERVICE
DELAWARE DR AND DALMENY DR MACQUARIE HILLS

Route 736 AM: From Munibung Rd at Macquarie Rd along Munibung Rd, L Torrens Ave, R Delasala Dr, Delaware Dr, R 2nd access to Dalmeny Dr, L Delaware Dr R Lawson Rd, L Monterey Ave, R Granada Ave, L Lawson Rd, R Wentworth Rd, L Macquarie Rd, R John St, L Russell St to Cardiff Primary, R William St, R Queens Ave, L John St, R First St, L Lake Ave to Cardiff Sth Primary, R Crockett St, R Gertrude St (Maud St), L Gertrude St at Maud St intersection, R Haddington Dr, R Saffron Ave, L Ethel St, L Maud St, First St, L Oak St, R Newcastle St, L Myall Rd, R Macquarie Rd, R Main Rd, R Newcastle St Cardiff to St Kevins Primary.

Route 736 PM: From Newcastle St, L Oak St, R First St, L Lake Ave to Cardiff Sth Primary, R Crockett St, R Gertrude St (Maud St), L Gertrude St at Maud St intersection, R Haddington Dr, R Saffron Ave, L Ethel St, L Maud St, First St, L John St, R Russell St to Cardiff Primary, R William St, R Queens Ave, R Brown St, L Macquarie Rd, R Wentworth Rd, L Lawson Rd, R Granada Ave, L Monterey Ave, R Lawson Rd, L Delaware Dr, R 2nd access to Dalmeny Dr, L Delaware Dr, Delasala Dr, L Torrens Ave, R Munibung Rd, Myall Rd to Newcastle St Cardiff.

MORNING	AFTERNOON
Cardiff: Munibung Rd	8:32 St Kevins 14:59
Cardiff PS	8:46 Cardiff Sth PS 15:03
Cardiff South PS	8:51 Cardiff PS 15:11
St Kevins	8:59 Cardiff Munibung Rd 15:25



Health
Hunter New England
Local Health District

Does Your Child Receive Regular, High Quality Dental Care?

Hunter New England Oral Health provides comprehensive dental care for children under 18 years of age, completely FREE of charge.

For more information, phone **1300 651 625**

Our Clinic Locations:

- Armidale • Beresfield • Cessnock • Forster • Glen Innes • Gunnedah • Inverell • Maitland • Moree
- Muswellbrook • Narrabri • Nelson Bay • Newcastle • Raymond Terrace • Scone • Singleton
- Tamworth • Taree • Toronto • Wallsend • Windale

SCHOOL ZONE PARKING OFFENCES

Penalties for School Zones. Current as at 1 July 2015



Means that in the area in the direction of the arrow, you must **NOT STOP your vehicle** at any point on the road or kerb, unless there is a medical or other emergency.

MAXIMUM PENALTY

\$319

+ 2 POINTS



Means that you have no more than **2 minutes** for drop-offs or pick-ups of passengers or goods and the driver must stay within **3 metres** of your vehicle.

MAXIMUM PENALTY

\$177

+ 2 POINTS



Means that in the direction of the arrow or arrows you are **not allowed to stop your vehicle** unless you are driving a bus.

MAXIMUM PENALTY

\$319

+ 2 POINTS



DOUBLE PARKING

You are **NOT PERMITTED** to stop or park your vehicle alongside another vehicle that is already parked parallel to the kerb.

MAXIMUM PENALTY

\$319

+ 2 POINTS

- STOP in a NO STOPPING zone: \$319 + 2 points, or STOP on or near a Children's or Pedestrian Crossing: \$425 + 2 points
- STOP on path/strip in built up area: \$177 + 2 points
- STOP or Park in a Disabled Marked Area without a permit: \$531

Wash Your Hands After...

1



Playing with
pets

2



Using the
bathroom

3



Sneezing, blowing
your nose &
coughing

4



Touching a cut or
open sore

5



Playing outside

6



Eating

AND Before...

UPDATED
CARDIFF PUBLIC SCHOOL
CANTEEN PRICE LIST 2017

Canteen Open: 8.45am to 11.30am (orders in by 10am)

BREAKFAST available 8.45 - 9.05am

Pancakes (2)	\$0.30
2 Slices Plain Toast	\$0.70
Hash Browns	\$0.50
Hot Cheese Roll	Small \$0.50
	Large \$1.00
Warm or Hot Milo	\$0.50
Cold Milo	\$1.00

SNACK FOODS

Muffin -	\$1.30
Choc Chip/Blueberry/ Apple Cinnamon	
Finger Bun	\$1.20
Zombies - chicken flavor	\$0.50
Popcorn	\$0.50
Red Rock Chips- Honey Soy/Sea Salt	\$1.00

FRUIT

Carrot Sticks	\$0.30
Seasonal Fresh Fruit	\$0.70

DRINKS

Fresh Milk - Chocolate/Strawberry	\$1.40
Water	350mls \$0.70
	600mls \$1.00
juice Pop-Top	
Apple Blackcurrent/ Apple/Orange	\$1.50
Chill/ OKF - Various Flavors	\$1.50

Frozen Treats

Ice Many	\$0.50
Juicie Tubes	\$0.80
Moosie-	\$1.00
Chocolate/Strawberry /Banana/Bubblegum	
Icy Pole- Red/Lemonade	\$1.20
Rainbow Billabongs	\$1.50
Ice Cream Tubs	\$1.20

Extras

Sauces- BBQ, Sweet & Sour Tomato	\$0.30
Additional Spoon or Fork	\$0.05

SANDWICHES

Vegemite	\$1.20
Cucumber	\$1.20
Banana	\$2.00
Cheese	\$2.00
Tomato	\$2.00
Egg & Lettuce	\$2.20
Ham	\$2.50
Salad (No Meat)	\$3.00
Chicken or Ham Salad Wrap	\$3.50
EXTRAS	
Cheese - extra	\$0.50
Chicken or Ham extra	\$0.50
Cucumber	\$0.10
Beetroot	\$0.10
Toasted	\$0.20
Sushi (Tuna)	\$2.50

HOT FOOD

Chicken Burger	\$3.00
Served with full salad	
(lettuce/ cheese/tomato/ carrot/mayo)	
(Extras can be added at a cost)	
Garlic Bread	\$1.20
Cob of Corn	\$0.50
Pie-Party	\$1.30
Pie-Large	\$2.00
Sausage Roll	\$1.70
Fried Rice	\$2.50
Honey Soy Chicken	\$2.50
Lasagna	\$2.50
Macaroni & Cheese	\$2.50
Twirls Pasta Bolognese	\$2.50
Pizza -	H&P or Cheese & Bacon \$2.20
	Meat Lover \$2.30
Chicken Nuggets	3 pack \$1.50
	6 pack \$2.50
	9 pack \$3.50
Chicken Chippies	3 pack \$1.50
	6 pack \$2.50
Chicken Crackle Pack	
Full serve (4 crackles + 10 wedges)	\$3.00
Half Serve (2 crackles + 5 wedges)	\$2.00
Cocktail Fish (3) & Wedges (10)	\$3.00
Cocktail Fish (3)	\$1.50
Mini Spring Rolls (3)	\$1.50



Cardiff Public School P&C Association

ICE BLOCK HOLDER FUND RAISING ORDER FORM

\$8.00

E
A
C
H



The P&C are holding an Ice Block Holder Fundraiser at a cost of \$8.00 each. Please fill in the form below with your choice of name colour number and amount with Payment and place in the P&C box in the front office marked clearly on the front with your Childs Name and Class.

NAME	COLOUR	AMOUNT	TOTAL COST
EXAMPLE ONLY	EXAMPLE ONLY	EXAMPLE ONLY	EXAMPLE ONLY
Benjamin	6	1	\$8.00
Plain			

CHILDS NAME _____ CHILDS CLASS _____

CONTACT PHONE NUMBER _____ TOTAL AMOUNT OWING _____



NOW AVAILABLE FROM THE UNIFORM SHOP

\$12.00 a PAIR

Highest Quality Sunglasses in Navy including matching case

- Wrap-around style to block maximum ultraviolet rays
- Lenses are constructed of the highest quality polycarbonate, ensuring that glasses are light and comfortable but are also shatterproof
- Polycarbonate lenses block 99% of ultraviolet rays.
- A name-place is available on the inside of each pair for student identification.
- Available in Small, Medium and Large sizes to ensure each child has well-fitted sunglasses.

Each pair of sunglasses is customised with your school's name professionally printed in indelible ink- to ensure sunglasses integrate with your school uniform.

A matching colour case is provided with each pair of sunglasses, featuring:

- Durable and protective casing.
- Handy clip to attach case to school bag zippers, belts, or classroom hangers.
- A name-place on the inside of each case for student identification.

High quality microfiber cleaning cloth.

Long-term health benefits of protective eyewear

- The damage caused by UV rays is cumulative. Wearing sunglasses from teen years or adulthood does not compensate for a lack of eye protection as a child.
- Research shows clear links that exposure to ultraviolet rays as a child predisposes to developing eye diseases including: cataracts, macular degeneration, pterygium, photo keratitis and skin cancer of the eyelid and eye area.
- School Shades will block 99% of ultraviolet rays to children's eyes

These glasses are an optional extra to our current uniform and can be worn over the top of prescription glasses



Sunglasses Order Form - (Leave order and money at Admin Office)

Name _____ Class— _____ @ \$12.00 per pair

Name _____ Class— _____ @ \$12.00 per pair

Name _____ Class— _____ @ \$12.00 per pair

Amount Enclosed: \$ _____

CARDIFF PUBLIC SCHOOL CANTEEN COMMITTEE

Roster for Term 1, 2018



It would be greatly appreciated by the Committee, Teachers and Children if you could spare some time to assist in our School Canteen.

To enable the Canteen to stay open we need volunteer workers.

Canteen hours are 8.30am to 12.30pm. We really hope you can help! Dads, Carers and Grandparents welcome!

I AM WILLING TO WORK IN THE CARDIFF PUBLIC SCHOOL CANTEEN.

NAME: _____

ADDRESS: _____

PHONE NO: _____ **MOBILE NO.** _____

EMAIL ADDRESS: _____

(So we can email your roster and canteen updates)

CHILDS NAME/CLASS: _____

DAY AVAILABLE: Monday Tuesday Wednesday Thursday Friday

I AM ABLE TO WORK:

Hourly Weekly Fortnightly Every 3 weeks Monthly

I cannot work on a regular basis but am willing to fill in on _____
(Nominate day/date)

I prefer to work with: _____

I have worked on Canteen before (please circle) YES NO

SIGNED: _____ **DATE:** _____

If you are able to help out with the canteen could you please fill this form out as soon as possible and return to the School Office.

If you are an existing volunteer, please complete the above to confirm your availability.

I CAN BE AN EMERGENCY CONTACT YES / NO

Thank you for volunteering your time.