

CARDIFF PUBLIC SCHOOL

Cardiff Public School, Macquarie Road, Cardiff 2285 Email: cardiff-p.school@det.nsw.edu.au Phone: 02 49540475 Fax: 02 49565436 Website: www.cardiff-p.schools.nsw.edu.au

What's on?

_	
16th Nov	GO School
Tue 14th Nov	P & C Meeting 7pm staffroom
Fri 17th Nov	Taronga Zoo Whole school excursion
Mon 27th Nov	Parliament Speeches
Wed 29th Nov	Volunteers Afternoon Tea from 2pm
Thurs 7th Dec	COLAD/Presentation Day
Tues 12th Dec	Year 6 Farewell
Thurs 14th Dec	Talent Quest
Fri 15th Dec	Last day of Term 4

P & C Meetings are held on the 2nd Tuesday of each month in the Staffroom. Commencing at 7.00pm. Everyone is welcome.

Kinder 2018

We are currently enrolling students who will commence Kindergarten in 2018. If you have a child who will be commencing Kinder in 2018, please contact the School Administration

Office asap.

Calendar Dates

Don't forget to download our App and check our school's website for all things CPS.

Sport day will be Friday each week for the whole school.
Students are required to wear their sport uniform on this day.

Principal's Report

From the Principal's Desk:

Dear families,

Taronga Zoo Excursion – Fri 17th Nov be here 6:45am

A reminder that our school site will be closed on Friday this week as we all head to the zoo. A final note will be sent home today with all of the information you will need to know about the excursion. Families are reminded that students need to be at school by 6:45am, and will then need to be picked up at approx. 4:45pm (this will be confirmed on our Skoolbag App and our Dojo.

The current weather forecast predicts rain, so please don't forget to pack your wet weather gear. A raincoat/poncho may very well be required.

Kindergarten 2018

Our final readiness session takes place this Thursday for some of our new Kindy 2018 students. We know that each of our new students are counting down the sleeps until school starts. It's also not too late to enrol for 2018.

P&C Meeting Tonight 7pm

All parents/carers are invited to attend our next P&C Meeting which takes place this evening from 7pm in the school's staff room. With planning for 2018 well underway and a number of important events still to take place this year, now is as good a time as any to come and see what the P&C is all about.

You won't be pressured into committing to any roles or upcoming events...and you'll have the opportunity to raise any concerns or ideas that you may have for our school. We hope to see you there.

2018 Parliament Speeches

On Monday 27th November our 2018 Parliament Nominees will present their election speeches for 2018. Families are more than welcome to attend and voting will take place shortly after the speeches have concluded. It takes a lot of courage and dedication for these students to put their names forward. I congratulate each and every one of our students who have been nominated and wish them well with their speeches and the election. I have no doubt, whether or not they are wearing a badge in 2018, that they will be great leaders for our school.

Volunteers Afternoon Tea - Nov 29

All of our wonderful P&C members, classroom volunteers, canteen helpers etc. are warmly invited to attend our Volunteers Afternoon Tea from 2pm on Wednesday 29th Nov. We are holding this event to thank each and every one of our volunteers, who help to make a difference for our kids and who make our school such a great place to be.

COLAD - Thursday December 7

Don't forget that our Presentation Day will take place on Dec 7 to celebrate the efforts and achievements of our students in 2017.

Parking around our School

Please be reminded not to park in front of our neighbours

driveways. Aside from being against the law, it's just not nice! Please also be reminded about how our parking signs work:

Parents are reminded that our 'Kiss and Drop' Zone (between 8-9:30am and 2:30-4pm) is a No Parking Zone. This means that drivers are permitted to stop within this zone to pick up/drop off passengers for up to two minutes and must stay within 3 metres of their vehicle.

Between 8-9:30am and 2:30-4pm, you are <u>not</u> allowed to park at all in our <u>Taxi</u> or <u>Bus Zones</u>. Please avoid receiving a fine and, ultimately, help to keep our kids safe. Thanks.









Quote of the Week

'Great things are brought about and burdens are lightened through the efforts of many hands anxiously engaged in a good cause.'

-Elder M Russel Ballard

Have a great week Mark Kyrwood Principal

P&C

P&C GENERAL MEETING

The P&C General Meeting will be held this Tuesday 14th November at 7.00pm in the School Staff Room.

Everyone is welcome to attend so why not come along and find out what is happening within your school.

DONATIONS FOR CHRISTMAS RAFFLE

It is that time of the year again where Christmas is just around the corner. We will be holding a Christmas raffle only this with no stall.

We are asking for donations that we can use as raffle prizes this year.

If you can help us out that would be fantastic.

All donations can be handed into the uniform shop or the canteen.

RAFFLE TICKETS

Raffle tickets for our annual Christmas Raffle will be going home sometime this week.

There are some great prizes to be won this year.

Tickets will be \$1.00 each and there will be a prize for the child/children that sells the most tickets.

So please check your child's bag this week for the Raffle Tickets.

OUTBACK JACKS SCHOOL MATES

Our P&C will be participating in the Outback Jack's School Mates Rewards Program.

This involves each family receiving a School mates Card. When you Dine in at Outback Jacks and present your card, your receipt will be placed in a specially marked box with our school logo. At the end of each term all the receipts will have the total amount added and our School will receive 5% of the total amount as a donation from Outback Jacks.

Please keep a look out for your families Loyalty Card and information letter.

Did you also know that kids eat FREE every Monday Tuesday and Wednesday when a full price adult meal is purchased? 1 adult meal = 1 child eats FREE 2 adult meals = 2 children eat FREE and so on. So why dine at Outback Jacks on these nights and let the kids eat for FREE.

ICEBLOCK HOLDERS

The warmer weather is coming so that means to keep cool we give our kids and ourselves a Zooper Dooper ice block.

These can be very cold to hold especially for the younger children so the P&C have Zooper Dooper ice block holders to keep those tiny fingers and hands from freezing for only \$8.00 each. Please see attached flyer for ordering

HELPERS NEEDED

Unfortunately our canteen does not have enough volunteers to continue opening 5 days a week.

<u>WE ARE DESPERATE</u> for helpers, even if it is only one day a month or perhaps you might like to work with a friend or just help out in the mornings for an hour or 7

If you can help please contact **Helen on 49548752 or 0421446136** or the canteen asan.

If we can't get helpers we will have no choice but to **CLOSE THE CANTEEN** on at least one maybe even two days a week. We apologise if this is inconvenient but without helpers, it is out of our hands. You would only be required from 8.30 to 12.30 and your kids will love having you there. Again if you can help please contact the canteen.

UNIFORM SHOP HOURS

Just a reminder that our Uniform Shop is open every Tuesday morning 8.45am to 9.30am. Orders can be taken for those that are unable to be there when the shop opens.

ATTENTION ALL SCHOOL VOLUNTEERS.

Do you volunteer at the school for any occasion?

Have you filled in a Working with Children Check?

Did vou know that there are 2 lots of Working With Children forms to fill in. 1st forms are if you are volunteering to help out in the classrooms or excursions. 2nd forms are if you are volunteering at a P&C run event So if you like helping at discos election BBQs mother's day father's day stall cake stalls Christmas stall and canteen then you will need to fill in a second lot of Working With Children forms as the school participation forms are only for school organized activities and not P& C organized events. Both forms will only need to be filled in if you volunteer in the classrooms and either on canteen or a P&C event Otherwise the one appropriate form is all that is needed. These forms need to be completed every year.

CANTEEN ROSTER

13/11 Beajay and **NEED HELPER** 14/11 Tania and Colleen 15/11 Beaiav and Colleen 16/11 Helen D and **NEED HELPER** 17/11 **CLOSED School Excursion** 20/11 Beajay and **NEED HELPER** 21/11 Tania and **NEED HELPER** 22/11 Beajay and **NEED HELPER** 23/11 Kristy B and **NEED HELPER** 24/11 Alison F and Lyndall

We still desperately need helpers to work in our canteen. Please contact Helen in the canteen if you can help or please fill in the attached form and hand it in to Helen in the canteen. The canteen may have to close if we cannot get more helpers as the current helpers are having to do more than 1 day per week and are getting tired.

P&C Audit



A big THANK YOU goes out to JSA Group - Financial Services at Charlestown, for donating their services to do the P&C audit this year. We are very appreciated

Regards Tania

Uniform Shop

Uniform Shop is open Tuesday 8.45am to 9.30am - No credit card/EFTPOS available

Orders can be left at the Admin Office. These will be filled by the uniform shop and sent home with the child.

There are previously loved school uniforms available for purchase from the uniform shop.



The Library - Mrs Wallace

Helping your child with reading

Reading every day

Children value reading through watching their family use reading and writing every day.

Encourage your child to read by sharing such activities as:

- finding brands at the shops
- reading signs and posters
- following a street directory
- checking the television guide
- choosing a video
- using a recipe
- reading game rules
- reading the newspaper aloud together
- playing word games or doing crossword puzzles
- reading out instructions
- looking at letterbox leaflets
- reading magazines, comics, poems and rhymes.

Reading aloud together.

Children enjoy reading more if it is shared. Make time away from television and interruptions to read aloud

Helping your child with writing

How can I encourage my child to write?

Read your child's writing or have him or her read the writing to you and comment on the positive aspects. For example, "I really like the way you've described this."

Praise your child for having a go at writing words that are new and explain how to spell words which are causing difficulty.

Talk to your child about why an author or film maker might create a book, play or film in a particular way. What points of view are presented? What is the author's purpose?

Read and talk about the writing that your child brings home from school. Praise your child for using neat and legible handwriting.

In order to develop spelling and vocabulary, play word games such as I Spy, Scrabble, Boggle, Categories and cross words.

How can I help with writing at home?

Have your child label things that he or she designs or makes. Compile a photo album or scrapbook with your child and have him or her write captions or the photos and pictures, or encourage your child to keep a diary of a special event, eg. A holiday diary.

Make the writing of notes, letters and stories a normal part of family life. Involve your child in helping to complete forms.



Library Bags

All Kindergarten and Stage 1 students need to bring a library bag to school with them on their library day so they can borrow.

This can be;

- a store bought bag
 an environmentally friendly
 shopping bag
- a sturdy/thick plastic bag
- a hand made bag

You can also purchase a library bag for \$2 from the library. Designs include owl, unicorn, robot and dinosaur.

Please assist your children to remember their library bag.



Good for Kids good for life

CRUNCH&SIP®

Our school is part of the Crunch&Sip® program, also known as 'Fruit break'. Crunch&Sip® is a set time during the day to eat salad vegetables and fruit and drink water.

Below are some examples of what students are allowed to bring for Crunch&Sip®:

- All fresh fruit and vegetables
- Dried fruit or tinned fruit in juice but only sometimes
- Dlain water

Items that are not considered fruit and vegetables for Crunch&Sip® include:

- Fruit products (e.g. fruit leathers, fruit roll-ups)
- Fruit jams or jellies , fruit pies or cakes
- Tinned fruit in syrup
- Vegetable or potato chips, hot potato chips, popcorn
- Vegetable pastries (pies, pasties)
- Vegetable cakes, fritter, quiches or similar
- Fruit or vegetable juices or any drink other than plain water.



PHONE 4924 6499

Payment for Activities/Excursions

Parents are requested to please pay for all excursions by the due date on the permission note. Unfortunately, we are no longer able to accept late payments. If you are in a financial position that you are unable to pay by the due date, please contact the Principal or Administration Manager to make arrangements, prior to the due date. Thank you

CRUNCH & SIP

Have you remembered to send fruit for "Fruit Break" and a clear "plastic pump water bottle"?





Voluntary Contribution and Technology Levy 2017

Family invoices

have been sent home.
Payments can be made at
any time at the Admin
Office.

General Contribution \$40.00 pa Technology Levy \$15.00 pa

Larger families are eligible for a discount.

All money is used to assist with the purchase of resources for your children. e.g. paper, paint, iPads, etc.

Payments can be made at the Administration office. If more convenient, part payments can be made at any time. e.g. \$5 per week.

Please keep all of your receipts for tax purposes. Some families may be eligible to claim some educational expenses and no duplicate receipts can be issued.

Disclaimer'

Advertisements included in the Newsletter are a source of revenue to offset Newsletter costs. Unfortunately, the school cannot take responsibility for the quality of advertised service.

Our school is participating in Hunter New England Health's *Good for Kids. Good for Life* program which has been working with schools in our region for more than a decade to implement healthy eating and physical activity programs. As part of the program *Good for Kids* are currently measuring the activity levels of students. For parents of children in years 2 and 3 you will have received an information statement asking your permission for your child to participate, which will involve them wearing an accelerometer each day while at school for one school week. An accelerometer is worn on the wrist and looks like a watch but captures activity levels.

Once data is collected schools will be randomly selected to receive support, either now or in 12 months' time, to assist schools with the scheduling of physical activity. This will include the provision of professional development for our staff as well as the provision of resources and on-going support from the *Good for Kids* team. We thank you for your participation and encourage you to contact them if you have any further questions.

If you could return the form by Friday 17th November that would be great

Nicole McCarthy

Project Officer | Hunter New England Population Health
Locked Bag 10 Wallsend NSW 2287
Tel 02 4924 6669 | Fax 02 4924 6490 | Nicole.McCarthy@hnehealth.nsw.gov.au
www.health.nsw.gov.au/hnelhd











Seasons for Growth Program



Seasons for Growth is an innovative grief and loss education program that uses the imagery of the seasons to illustrate the experience of grief. It aims to strengthen the social; and emotional wellbeing of children and young people (aged 6-18) who are dealing with significant life changes by:

- exploring the impact of change and loss on every-day life
- learning new ways to respond to these changes
- Loss and grief can occur as the result of the loss a loved one, separation, divorce, impacts of illness, disability, moving schools/house and losing friends, the loss of a pet, etc.
- Seasons for Growth enables young people to learn that they are not alone in dealing with the effects of change, loss and grief and build their communication, decision making and problem solving skills within a supportive peer group.
- Trained adult 'Companions' facilitate the small group program, where participants support and learn from each other in age appropriate and engaging activities
- Children, young people, and adult programs are available at intervals throughout the Newcastle Hunter Region.

Please note there is also a Seasons for Growth Parenting Program available which assists parents in supporting their child following separation and divorce.

Marguerite Elkins and Lyndal Wallace at Cardiff Public School are trained Seasons for Growth 'Companions'. If you have any queries in regard to any of the programs for your child, yourself, or someone you know, please contact Marguerite or Lyndal at Cardiff School 49540475.

NON-PERISHABLE FOOD DRIVE FOR SALVATION ARMY

This term from the 27th of October till the 1st of December we will be doing a food can drive for The Salvation Army.

The purpose is to help other families in need this Christmas. It would be appreciated if you could bring your canned and nonperishable food items to the collection box in the office.

Please donate what you can. Remember you'll be making someone else's Christmas a happy Christmas.

Thank you

Parliamentarians







YEAR 6 STUDENTS GOING TO CARDIFF HIGH



SCHOOL IN 2018

REMINDER:

Could all Year 6 students who will be attending Cardiff High School in 2018 please book a Uniform Fitting (selected dates).

To book , please go to www.aliontaapparel.com.au and click on "Try on Times" to book a fitting.

Alternatively you can call the Uniform Shop during opening hours on 4954 2429.

Normal Opening hours Tuesday 8.30am to 10.00am and Thursday 1.00pm to 3.30pm.



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- laptops & tablets
- lessons & activities





Change details

(Return this signed slip to the Admin. Office)

It is extremely important that our record remain current.

Please assist us by ensuring all details remain current at the school at all times.

If you move, change phone numbers or change jobs etc., please always notify the school in writing as soon as possible. We may need to reach you due to illness or emergency relating to your child. Your employment details impact on the funding the school receives.

Student Name	Class
Only supply foll	owing details that have CHANGED.
Our NEW address is	
(<u>Please note: Proof of no</u>	ew address must be provided to the school].
Our NEW HOME phone number is	
Fathers NEW work number is	Mobile
Fathers occupation is	
Mothers NEW work number is	Mobile
Mothers occupation is	
Our NEW emergency contact is (name)	
(This is someone who is not the primary unable to be contacted.)	caregiver but someone who can be contacted if you a
Their relationship to the child	
legg. Aunt, family friend etc.)	
Phone	Mobile
Any NEW/CHANGED medical details fo	r the student
(Further documents will be sent home.)	
Daront /Caro siyor Signaturo	Date

For Audit purpose, attach this form to original enrolment form in student file.

SCHOOL ROUTE 736 FROM OCTOBER 6, 2015

PLEASE BE ADVISED THAT AS FROM THE ABOVE DATE, THIS SERVICE WILL BE EXTENDED TO SERVICE

DELAWARE DR AND DALMENY DR MACQUARIE HILLS

Route 736 AM: From Munibung Rd at Macquarie Rd along Munibung Rd, L Torrens Ave, R Delasala Dr, Delaware Dr, R 2nd access to Dalmeny Dr, L Delaware Dr R Lawson Rd, L Monterey Ave, R Granada Ave, L Lawson Rd, R Wentworth Rd, L Macquarie Rd, R John St, L Russell St to Cardiff Primary, R William St, R Queens Ave, L John St, R First St, L Lake Ave to Cardiff Sth Primary, R Crockett St, R Gertrude St (Maud St), L Gertrude St at Maud St intersection, R Haddington Dr, R Saffron Ave, L Ethel St, L Maud St, First St, L Oak St, R Newcastle St, L Myall Rd, R Macquarie Rd, R Main Rd, R Newcastle St Cardiff to St Kevins Primary.

Route 736 PM: From Newcastle St, L Oak St, R First St, L Lake Ave to Cardiff Sth Primary, R Crockett St, R Gertrude St (Maud St), L Gertrude St at Maud St intersection, R Haddington Dr, R Saffron Ave, L Ethel St, L Maud St, First St, L John St, R Russell St to Cardiff Primary, R William St, R Queens Ave, R Brown St, L Macquarie Rd, R Wentworth Rd, L Lawson Rd, R Granada Ave, L Monterey Ave, R Lawson Rd, L Delaware Dr, R 2nd access to Dalmeny Dr, L Delaware Dr, Delasala Dr, L Torrens Ave, R Munibung Rd, Myall Rd to Newcastle St Cardiff.

MORNING		AFTERNOON		
Cardiff: Munibung Rd 8:		St Kevins	14:59	
Cardiff PS	8:46	Cardiff Sth PS	15:03	
Cardiff South PS	8:51	Cardiff PS	15:11	
St Kevins	8:59	Cardiff Munibung Rd	15:25	



Does Your Child Receive Regular, High Quality Dental Care?

Hunter New England Oral Health provides comprehensive dental care for children under 18 years of age, completely FREE of charge.

For more information, phone 1300 651 625

Our Clinic Locations:

- Armidale Beresfield Cessnock Forster Glen Innes Gunnedah Inverell Maitland Moree • Muswellbrook • Narrabri • Nelson Bay • Newcastle • Raymond Terrace • Scone • Singleton
 - Tamworth Taree Toronto Wallsend Windale

SCHOOL ZONE PARKING OFFENCES

Penalties for School Zones. Current as at 1 July 2015



Means that in the area in the direction MAXIMUM PENALTY of the arrow, you must NOT STOP your vehicle at any point on the road or kerb, unless there is a medical or other emergency.

2 minutes for drop-offs or pick-ups of

passengers or goods and the driver must stay within 3 metres of your

Means that in the direction of the arrow or arrows you are not allowed

to stop your vehicle unless you are

\$319

+ 2 POINTS

MAXIMUM PENALTY Means that you have no more than

\$177

+ 2 POINTS

MAXIMUM PENALTY

\$319

+ 2 POINTS



DOUBLE PARKING

vehicle.

driving a bus.

You are NOT PERMITTED to stop or park your vehicle alongside another vehicle that is already parked parallel to the kerb.

MAXIMUM PENALTY

\$319

+ 2 POINTS

- STOP in a NO STOPPING zone: \$319 + 2 points, or STOP on or near a Children's or Pedestrian Crossing: \$425 + 2 points
- STOP on path/strip in built up area: \$177 + 2 points
- . STOP or Park in a Disabled Marked Area without a permit: \$531





UPDATED CARDIFF PUBLIC SCHOOL CANTEEN PRICE LIST 2017 Canteen Open: 8.45am to 11.3Oam (orders in by 10am)

BREAKFAST available 8.45 - 9.0Sam		SANDWICHES	
Pancakes (2)	\$0.30	Vegemite	\$1.20
2 Slices Plain Toast	\$0.70	Cucumber	\$1.20
Hash Browns	\$0.50	Banana	\$2.00
Hot Cheese Roll Smal		Cheese	\$2.00
	e \$1.00	Tomato	\$2.00
Warm or Hot Milo	\$0.50	Egg & Lettuce	\$2.20
Cold Milo	\$1.00	Ham	\$2.50
	•	Salad (No Meat)	\$3.00
SNACK FOODS		Chicken or Ham Salad Wrap	\$3.50
Muffin -	\$1.30	EXTRAS	4-1
Choe Chip/Blueberry/ Apple Cinnamo		Cheese - extra	\$0.50
Finger Bun	\$1.20	Chicken or Ham extra	\$0.50
Zombies - chicken flavor	\$0.50	Cucumber	\$0.10
Popcorn	\$0.50	Beetroot	\$0.10
Red Rock Chips- Honey Soy/Sea Salt	\$1.00	Toasted	\$0.20
Red Rock Chips- Honey Boy/Bed Sait	Ψ1.00	Sushi (Tuna)	\$2.50
		24041 (1444)	Ψ2.50
FRUIT		HOT FOOD	
Carrot Sticks	\$0.30	Chicken Burger	\$3.00
Seasonal Fresh Fruit	\$0.70	Served with full salad	
		(lettuce/ cheese/tomato/ carrot/i	nayo)
DRINKS		(Extras can be added at a cost)	
Fresh Milk - Chocolate/Strawberry	\$1.40	Garlic Bread	\$1.20
	1s \$0.70	Cob of Corn	\$0.50
600m	ls \$1.00	Pie-Party	\$1.30
juice Pop-Top		Pie-Large	\$2.00
Apple Blackcurrent/Apple/Orange	\$1.50	Sausage Roll	\$1.70
Chill / OKF - Various Flavors	\$1.50	Fried Rice	\$2.50
		Honey Soy Chicken	\$2.50
		Lasagna	\$2.50
Frozen Treats		Macaroni & Cheese	\$2.50
Ice Many	\$0.50	Twirls Pasta Bolognaise	\$2.50
Juicie Tubes	\$0.80	Pizza - H&P or Cheese & Bac	on \$2.20
Moosie-	\$1.00	Meat Lov	er \$2.30
Chocolate/Strawberry/Banana/Bubble	gu m	Chicken Nuggets 3 pa	ck \$1.50
IcyPole-Red/Lemonade	\$1.20		ck \$2.50
Rainbow Billabongs	\$1.50	-	ck \$3.50
Ice Cream Tubs	\$1.20	-	ck \$1.50
			ck \$2.50
Extras		Chicken Crackle Pack	
Sauces- BBQ, Sweet & Sour Tomato	\$0.30	Full serve (4 crackles + 10 wedges)	\$3.00
Additional Spoon or Fork	\$0.05	Half Serve (2 crackles + 5 wedges)	\$2.00
		Cocktail Fish (3) & Wedges (10)	\$3.00
		Cocktail Fish (3)	\$1.50
		Mini Spring Rolls (3)	\$1.50
		opring rom (o)	ΨΙ.Ο



Cardiff Public School P&C Association

ICE BLOCK HOLDER FUND RAISING ORDER FORM



The P&C are holding an Ice Block Holder Fundraiser at a cost of \$8.00 each. Please fill in the form below with your choice of name colour number and amount with Payment and place in the P&C box in the front office marked clearly on the front with your Childs Name and Class.

NAME	COLOUR	AMOUNT	TOTAL COST
EXAMPLE ONLY	EXAMPLE ONLY	EXAMPLE ONLY	EXAMPLE ONLY
Benjamin	6	1	\$8.00
Plain			

CHILDS NAME	CHILDS CLASS		
CONTACT PHONE NUMBER	TOTAL AMOUNT OWING		



NOW AVAILABLE FROM THE UNIFORM SHOP \$12.00 a PAIR

Highest Quality Sunglasses in Navy including matching case

- Wrap-around style to block maximum ultraviolet rays
- Lenses are constructed of the highest quality polycarbonate, ensuring that glasses are light and comfortable but are also shatterproof
 - Polycarbonate lenses block 99% of ultraviolet rays.
- A name-place is available on the inside of each pair for student identification.
- Available in Small, Medium and Large sizes to ensure each child has well-fitted sunglasses. Each pair of sunglasses is customised with your school's name professionally printed in indelible ink- to ensure sunglasses integrate with your school uniform.

A matching colour case is provided with each pair of sunglasses, featuring:

- Durable and protective casing.
- Handy clip to attach case to school bag zippers, belts, or classroom hangers.
- A name-place on the inside of each case for student identification. High quality microfiber cleaning cloth.

Long-term health benefits of protective eyewear

- The damage caused by UV rays is cumulative. Wearing sunglasses from teen years or adulthood does not compensate for a lack of eye protection as a child.
- Research shows clear links that exposure to ultraviolet rays as a child predisposes to developing eye diseases including: cataracts, macular degeneration, pterygium, photo keratitis and skin cancer of the eyelid and eye area.
- School Shades will block 99% of ultraviolet rays to children's eyes

These glasses are an optional extra to our current uniform and can be worn over the top of prescription glasses



Sunglasses Order Form - (Leave order and money at Admin Office)

Name	Class	@ \$12.00 per pair
Name	Class	@ \$12.00 per pair
Name	Class	@ \$12.00 per pair

Amount Enclosed: \$_____

CARDIFF PUBLIC SCHOOL CANTEEN COMMITTEE



Roster for Term 4, 2017

It would be greatly appreciated by the Committee, Teachers and Children if you could spare some time to assist in our School Canteen.

To enable the Canteen to stay open we need volunteer workers.

Canteen hours are 8.30am to 12.30pm. We really hope you can help! Dads, Carers and Grandparents welcome!

NAME:				
ADDRESS:				
PHONE NO:	МОВП	LE NO		
EMAIL ADDRESS: (So we	can email your roster	and canteen up	odates)	
CHILDS NAME/CLASS: _				
DAY AVAILABLE: Mo	nday Tuesday	Wednesday	Thursday	Friday
I AM ABLE TO WORK:				
Hourly Weekly	Fortnightly	Eve	ery 3 weeks	Monthl
I cannot work on a regular bas	sis but am willing to fil	ll in on		
			(Nominate da	ny/date)
I prefer to work with:				
I have worked on Canteen bef	ore (please circle)	YES NO	•	
NED:		DATE	•	

as possible and return to the School Office.

If you are an existing volunteer, please complete the above to confirm your availability.

I CAN BE AN EMERGENCY CONTACT YES / NO

Thank you for volunteering your time.

T:Office/Office/P & C/Canteen/Canteen Roster Form.doc