



SunSmart Primary School Program



Cardiff Public School - SunSmart Policy

1. Shade

• The school community is committed to providing shade in the school grounds particularly in areas where students congregate e.g. canteen, outdoor lesson areas, and popular play areas.

We will consult with the school community about future plans for shade.

The availability of shade is considered when planning excursions and all other outdoor activities.

Students are encouraged to use available areas of shade when outside.

Students who do not have sun safe hats are asked to play in the shade or a suitable area protected from the sun.

2. Hats

• Students are encouraged to wear hats that protect their face, neck and ears, eg legionnaire, broad brimmed or bucket hats, whenever they are outside.

3. Clothing

• Sun safe clothing is included in our school uniform and sports uniform. This will include shirts with collars (or covered necklines) and sleeves, longer style dresses and shorts, rash vests or t-shirts for outdoor swimming.

4. Sunscreen

• SPF 30+ broad-spectrum water-resistant sunscreen is available for staff and students' use. Where possible, sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours.

• Where possible, staff will remind children to apply sunscreen before arriving at school, before recess, lunch and going outside.

• On extended outdoor events students will be encouraged to apply sunscreen every 2 hours.

5. Role modelling of staff

Staff will be requested to role model good sun protection behaviours by:

Wearing sun safe hats, clothing and sunglasses when outside.

Applying SPF 30+ broad-spectrum water-resistant sunscreen.

Seeking shade whenever possible.

6. Curriculum

• Teachers will be encouraged to include sun protection principles in teaching programs across all year levels.

7. Information to the school community

• Sun protection information is regularly promoted to the whole school community through newsletters, school homepage, parent meetings, staff meetings, school assemblies and on student enrolment.

• Families and visitors are encouraged to use a combination of sun protection measures (sun safe clothing and hats, sunscreen and sunglasses) when participating in and attending outdoor activities.

8. Sunglasses (optional)

• Consideration will be given to staff and students wearing close fitting, wrap around sunglasses that cover as much of the eye area as possible and meet the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4).

9. Reviewed: 24 May 2013

At Cardiff Public School our core principles are

Harmony, Honesty, Care, Respect and Achievement

