



## Cardiff Public School - BULLYING

### What is Bullying?

Research into bullying reveals that bullying more often occurs on a continuum of mild-to-extreme behaviour involving most students at some time during their schooling.

The definitions of bullying listed below are from a range of sources including Australian and overseas research. Common elements in these definitions suggest that bullying involves the inappropriate use of *power* by one or more persons over another less powerful person or group and is generally an act that is *repeated* over time. Bullying has been described by researchers as taking many forms which are often interrelated and include:

<b>Verbal:</b>	name calling, put downs, threats
<b>Physical:</b>	hitting, punching, kicking, scratching, tripping, spitting
<b>Social:</b>	ignoring, excluding, ostracising, alienating
<b>Psychological:</b>	spreading rumours, stalking, dirty looks, hiding or damaging possessions

Bullying is the intentional harming or hurting of a person, or their belongings, by another person or persons. It is distinguished by how the targeted person feels.

Bullying is damaging to both the person who does it and the person who is bullied and often perpetuates itself.

Schools in partnership with their community members can best address bullying behaviour through:  
creating and maintaining a supportive school environment

ensuring that school practice matches school policy  
adult role-modelling of the kinds of behaviours that are expected  
having an engaging school curriculum that meets the needs of all students  
ensuring that the curriculum includes a range of strategies for students to effectively respond to bullying when it arises  
monitoring, evaluating and reporting on school programs and activities aimed at creating and maintaining a safe and supportive school environment.

### Severity Scale

<b>Teasing:</b>	sometimes mistakenly called “playful”
<b>Malicious, sustained:</b>	often name calling, stealing, verbal
<b>Pre-meditated violence:</b>	hitting, pushing, damage to property or persons.

### Procedures

When a student is seen to be bullying in the classroom – a “Time to Think” form is completed and the Teacher notes the severity. This is given to either the Assistant Principal or Principal who will investigate, and a Planning Room session or disciplinary consequences is conducted if necessary.

If it occurs in the playground it is referred to the Principal or Assistant Principal for investigation and a Planning Room session or disciplinary consequences is conducted if necessary.

Communication with the families of both bully and victim is the responsibility of the Principal or Assistant Principal.

Website: [www.bullyingnoway.com.au](http://www.bullyingnoway.com.au)

**At Cardiff Public School our core principles are  
Harmony, Honesty, Care, Respect and Achievement**

